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Westchester United Intergroup
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Westchester United Intergroup

November 2026 Key Points

1. **New meeting: Friday November 13** from 7 - 8pm at the Presbyterian Church at 400 Bedford Road in Pleasantville (Church Library). Body image focus - all genders welcome!

2. **IDEA (International Day of Experiencing Abstinence) Day will be held on Sunday November 22** in person from 2pm-3:30pm at the Presbyterian Church, 400 Bedford Road, Pleasantville, 10570. Contact Fontaine S, Carly S, or Christine Z for more information.

3. **Mahopac's 3rd Annual Gratitude meeting will be Tuesday November 24**. Fellowship starts at 6:00pm - bring your own dinner. Meeting from 7 - 8pm. First Presbyterian Church at 411 NY-6N, Mahopac, 10541

4. We need more volunteers for the **Communications Committee**, using technology to facilitate better communication between OA members. Contact wuigwebsite@gmail.com for more info.

5. We're looking for someone to lead the **Caring Cocoon**, which brings meetings to homebound fellows. Contact Anne B at 914-393-3243 for more info.

Meeting List

Click this link to view the list of WUIG virtual, hybrid, and in-person meetings and links to workshops and meetings in other areas. You can also find a collection of our online meeting formats.

7th Tradition

If your meeting doesn't have a treasurer, please use this link to contribute to our WUIG Intergroup. **Individual contributions** to WUIG via **Paypal only** can be divided 30-60-10, if you specify that in the memo.

https://www.oawestchesterny.org/7th-step-tradition.html

Newcomers:

Newcomers in your meeting? Welcome them with a link to the OA newcomer e-pamphlet, *Where Do I Start? Everything a Newcomer Needs to Know*. Please let your IG rep know how the newcomer learned about OA & ask that the rep share that information with our monthly intergroup meeting, or by emailing wuigchair@gmail.com.

Sponsor Bank:

There is a new email for the Sponsor Bank: wuigsponsor@gmail.com. Please use this email address or contact Carly S to be added to the Sponsor Bank or if you need help finding a sponsor.

Westchester United Intergroup (WUIG)

WUIG meets monthly (except for the month of July) on the **first Thursday** from 7 - 8:30 pm ET, with new intergroup reps joining us at 6:45pm for an introduction. https://us04web.zoom.us/j/668275613.

Meeting ID: 668 275 613 Passcode: 121212

WUIG Chair Contact Information:

wuigchair@gmail.com

Visit our website for up-to-date information, announcements and many, many resources: oahelps.org

Join our mailing list by going to oahelps.org or use this MailChimp Link

Westchester United Intergroup is forming a communications committee. If you are interested in joining please email wuigwebsite@gmail.com for further information.

For any WUIG announcements, Flyers, workshops, reminders you can ask to be added to our WhatsApp “Westchester United Intergroup Announcements; Please text Rob M (917) 613-5414 to be added. You can also get emails by joining mailchimp on our website at OAhelps.org. All flyers have to have the WUIG logo.

6. When making contributions to intergroup, when possible please use Zelle or Paypal.

7. To join our WhatsApp group for Westchester Updates click here.