



## Westchester United Intergroup

### March 2026 Key Points

1. **Managing Abstinence in Midlife Workshop:** March 15, 2026, 12-1:30pm on Zoom; Speakers sharing strength and hope for the future; meeting ID on Zoom: 754581261 Passcode: 121212 or check the website: [oahelps.org](http://oahelps.org)
2. ***Serenity Times*:** Go to our website for the latest *Serenity Times* 1st Quarter newsletter with a theme of fellowship. The deadline for article submissions for the 2nd Quarter newsletter is March 20, 2026 and the theme is integrity. **Submit your writings to Cindy A. at [wuignewsletter@gmail.com](mailto:wuignewsletter@gmail.com)**
3. **Holmes Retreat** | Friday - Sunday, 4/17/26-4/19/26 Save the dates; more information to come. **Registration is open. Go to [oahelps.org](http://oahelps.org) to register.**
4. Service needed for Caring Cocoon. Bringing meetings to homebound fellows. For information contact Fontaine, Carly, or Cris A.
5. To join our WhatsApp group for Westchester Updates [click here](#).

---

### Meeting List

Click this [link](#) to view the list of WUIG virtual, hybrid, and in-person meetings and links to workshops and meetings in other areas. You can also find a collection of our online meeting formats.

### 7th Tradition

If your meeting doesn't have a treasurer, please use this [link](#) to contribute to our WUIG Intergroup. **Individual contributions** to WUIG via **Paypal only** can be divided 30-60-10, if you specify that in the memo.

<https://www.oawestchesterny.org/7th-step-tradition.html>

### **Newcomers:**

Newcomers in your meeting? Welcome them with a link to the OA newcomer e-pamphlet, *Where Do I Start? Everything a Newcomer Needs to Know*. Please let your IG rep know how the newcomer learned about OA & ask that the rep share that information with our monthly intergroup meeting, or by emailing [wuigchair@gmail.com](mailto:wuigchair@gmail.com).

### **Westchester United Intergroup (WUIG)**

WUIG meets monthly (except for the month of July) on the **first Thursday** from 7 - 8:30 pm ET, with new intergroup reps joining us at 6:45pm for an introduction.

<https://us04web.zoom.us/j/668275613>.

Meeting ID: 668 275 613 Passcode: 121212

### **WUIG Chair Contact Information:**

[wuigchair@gmail.com](mailto:wuigchair@gmail.com)

Visit our website for up-to-date information, announcements and many, many resources: [oahelps.org](http://oahelps.org)

Join our mailing list, which replaces Remind, by going to [oahelps.org](http://oahelps.org) or use this MailChimp [Link](#)

Westchester United Intergroup is forming a communications committee. If you are interested in joining please email [wuigwebsite@gmail.com](mailto:wuigwebsite@gmail.com) for further information.

For any WUIG announcements, Flyers, workshops, reminders you can ask to be added to our WhatsApp "Westchester United Intergroup Announcements; Please text Rob M (917) 613-5414 to be added. You can also get emails by joining mailchimp on our website at [OAhelps.org](http://OAhelps.org).