



2023

**OVEREATERS ANONYMOUS WORKSHOP**  
**GETTING HONEST WITH THE FOOD**  
***IT STARTS WITH OUR PLAN OF EATING***

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**MAY 7, 2023, SUNDAY**  
**2 P.M. TO 4:00 P.M.**

**JOIN US IN PERSON!!**

ST. JOHN'S EPISCOPAL CHURCH  
679 FARMINGTON AVE, WEST HARTFORD, CT 06119

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Speakers

Fellowship

Question and Answer Session

FOR MORE INFORMATION CONTACT: JACKI A AT (203) 232-4064  
HOSTED BY CT INTERGROUP OF OVEREATERS ANONYMOUS