

**OVEREATERS ANONYMOUS – REGION 6**  
**INTERGROUP NUMBER 009038**  
**BYLAWS OF THE**  
**WESTCHESTER UNITED**  
**INTERGROUP**  
**REVISED OCTOBER 2025**

Article I – Name..... 3

Article II – Purpose..... 3

Section 1 - Purpose..... 3

Section 2 – The Twelve Steps of Overeaters Anonymous..... 3

Section 3 – The Twelve Traditions of Overeaters Anonymous..... 3

Section 4 – The Twelve Concepts of OA Service ..... 4

Article III – Members ..... 5

Section 1 - Membership ..... 5

Section 2 – Qualifications..... 5

Section 3 – Intergroup Representatives (IRs)..... 5

Section 4 – Voting Rights ..... 6

Article IV – The Intergroup Board ..... 6

Section 1 – The Intergroup Board ..... 6

Section 2 – Nominations to the Intergroup Board ..... 7

Section 3 – Qualifications for the Intergroup Board ..... 7

Section 4 – Additional Qualifications for Chairperson..... 7

Section 5 – Additional Qualifications for WSBC Delegate(s) and/or Alternate(s) ..... 7

Section 6 – Method of Election..... 7

Section 7 – Term of Office..... 8

Section 8 – Responsibilities of the Intergroup Board..... 8-10

Section 9 – Vacancies and Resignations..... 11

Section 10 –Filling of Vacancies..... 11

Section 11 –Executive Committee Quorum..... 11

Article V – Additional Elected Offices..... 11

Section 1 – Elected Offices ..... 11

Section 2 – Nominations..... 11

Section 3 – Qualifications..... 11

Section 4 – Method of Election..... 12

Section 5 – Term of Office..... 12

Section 6 – Responsibilities ..... 13

Section 7 – Vacancies and Resignations..... 13

Section 8 – Filling of Vacancies..... 13

Article VI – Meetings.....	14
Section 1 – Regular Meetings.....	14
Section 2 – Annual Meeting.....	14
Section 3 – Special Meetings.....	14
Section 4 – Method of Notification.....	14
Section 5 – Quorum.....	14
Article VII – Committees.....	14
Section 1 – Standing Committees .....	14
Section 2 – Special Committees .....	14
Section 3 – Committee Procedures .....	14
Section 4 – Committee Responsibility.....	14
Section 5 – Nominating Committee.....	15
Section 6 – Chairperson as Ex-officio.....	15
Section 7 – Committee Bank Account(s).....	15
Section 8 – Vacancies.....	15
Section 9 – Removal of Committee Chairperson.....	15
Article VIII – Source of Funds.....	15
Section 1 – Source of Funds.....	15
Section 2 – Prudent Reserve .....	16
Section 3 – Audit.....	16
Article IX – Parliamentary Authority.....	16
Article X – Amendments to these bylaws.....	16
Article XI – Major Policy Matters .....	16
Article XII – Article of Dissolution .....	16
Section 1 – Distribution of Funds .....	16
Section 2 – Future Earnings .....	16
<b>Glossary of Terms</b> .....	17

Section 1 – Purpose

**BYLAWS OF WESTCHESTER UNITED INTERGROUP OF  
OVEREATERS ANONYMOUS**

**ARTICLE I – NAME**

The name of this organization shall be the Westchester United Intergroup, hereinafter known as WUIG.

## ARTICLE II – PURPOSE

### Section 1 – Purpose

The primary purpose of this organization is to aid those with the problem of compulsive eating through the Twelve Steps of Overeaters Anonymous and to serve and represent the OA groups from which WUIG is formed. WUIG is in compliance with and qualifies as an exempt organization under Section 501(c)(3) of the Internal Revenue code of 1954 (or the corresponding provision of any future United States Internal Revenue Law).

### Section 2 – The Twelve Steps of Overeaters Anonymous<sup>1</sup>

The Twelve Steps are suggested for recovery in the fellowship of Overeaters Anonymous. The Twelve Steps are:

1. We admitted we were powerless over food - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to compulsive overeaters and to practice these principles in all our affairs.

### Section 3 – The Twelve Traditions of Overeaters Anonymous<sup>2</sup> The Twelve Traditions are:

1. Our common welfare should come first; personal recovery depends upon OA unity.
2. For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for OA membership is a desire to stop eating compulsively.
4. Each group should be autonomous except in matters affecting other groups or OA as a whole.
5. Each group has but one primary purpose - to carry its message to the compulsive overeater who still suffers.
6. An OA group ought never endorse, finance, or lend the OA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every OA group ought to be fully self-supporting, declining outside contributions.
8. Overeaters Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. OA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Overeaters Anonymous has no opinion on outside issues; hence the OA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, films, television, and other public media of communication.

12. Anonymity is the spiritual foundation of all these traditions, ever reminding us to place principles before personalities.

#### **Section 4 – The Twelve Concepts of OA Service<sup>3</sup>**

1. The ultimate responsibility and authority for OA world services reside in the collective conscience of our whole Fellowship.
2. The OA groups have delegated to the World Service Business Conference the active maintenance of our world services; thus, the World Service Business Conference is the voice, authority and effective conscience of OA as a whole.
3. The Right of Decision, based on trust, makes effective leadership possible.
4. The Right of Participation ensures equality of opportunity for all in the decision-making process.
5. Individuals have the right of appeal and petition in order to ensure that their opinions and personal grievances will be carefully considered.
6. The World Service Business Conference has entrusted the Board of Trustees with the primary responsibility for the administration of Overeaters Anonymous.
7. The Board of Trustees has legal rights and responsibilities accorded to them by OA Bylaws Subpart A; the rights and responsibilities of the World Service Business Conference are accorded to it by Tradition and by OA Bylaws Subpart B.
8. The Board of Trustees has delegated to its Executive Committee the responsibility to administer the OA World Service Office.
9. Able, trusted servants, together with sound and appropriate methods of choosing them, are indispensable for effective functioning at all service levels.
10. Service responsibility is balanced by carefully defined service authority; therefore, duplication of efforts is avoided.
11. Trustee administration of the World Service Office should always be assisted by the best standing committees, executives, staffs and consultants.
12. The spiritual foundation for OA service ensures that:
  - a. No OA committee or service body shall ever become the seat of perilous wealth or power;
  - b. Sufficient operating funds, plus an ample reserve, shall be OA's prudent financial principle;
  - c. No OA member shall ever be placed in a position of unqualified authority;
  - d. All important decisions shall be reached by discussion, vote and, whenever possible, by substantial unanimity;
  - e. No service action shall ever be personally punitive or an incitement to public controversy; and
  - f. No OA service committee or service board shall ever perform acts of government, and each shall always remain democratic in thought and action.

1. Permission to use the Twelve Steps of Alcoholics Anonymous for adaptation granted by AA World Services, Inc.

2. Permission to use the Twelve Traditions of Alcoholics Anonymous for adaptation granted by AA World Services, Inc.

3. ©1996, 1998 Overeaters Anonymous, Inc. Used by permission May 18, 2002

### **ARTICLE III – MEMBERS**

#### **Section 1 – Membership**

The membership of WUIG shall consist of the following:

- a. The WUIG Board
- b. Intergroup Representatives (IRs) which shall consist of one voting member and one alternate representative (AR) from each eligible group affiliated geographically and/or virtually.
  - 1. Geographic affiliation shall be defined as meetings located in Westchester and Putnam Counties of the State of New York.
- c. Group members not acting as IR's, AR's or members of the WUIG Board, but elected or appointed as Committee Chairperson(s), Co-Chairpersons, or Region 6 Representative(s).
- d. Visiting OA members are welcome and encouraged to participate in the discussion.

## Section 2 – Qualifications

The WUIG endorses the definition of an OA group in Overeaters Anonymous, Inc. Bylaws Subpart B, Article V, Section 1 as written and as it may be amended by a future World Service Business Conference.

- a. These points shall define an Overeaters Anonymous group:
  - 1. As a group, they meet together to practice the Twelve Steps and Twelve Traditions of Overeaters Anonymous, guided by the Twelve Concepts of OA Service.
  - 2. All who have the desire to stop eating compulsively are welcome in the group.
  - 3. No member is required to practice any actions in order to remain a member or to have a voice (share at a meeting).
  - 4. As a group they have no affiliation other than OA.
  - 5. It has affiliated as an Overeaters Anonymous group by registering with the World Service Office. A group may be formed of two or more persons meeting together as set forth in Article IV, Section 1 of Overeaters Anonymous, Inc. Bylaws, Subpart B.
- b. Virtual groups (groups which replicate face-to-face meetings through electronic or telephonic media) may be an Overeaters Anonymous group if they:
  - 1. Otherwise meet the definition of Overeaters Anonymous groups; 2. Are fully interactive, and;
  - 3. meet in real time.

## Section 3 – Intergroup Representatives (IRs)

- a. Intergroup Representatives shall be selected by the group conscience of the group they represent. Each IR shall be selected by any method deemed appropriate by their group.
- b. These IRs shall serve for a period designated by their group, always subject to recall by the group they represent. Each group shall be free to designate an alternate representative.
- c. WUIG suggests that IRs be selected for judgment, experience, stability, willingness to serve, and commitment to the Twelve Steps and Twelve Traditions of OA.
- d. The primary purpose of the IR, or alternate, is to represent their group at all WUIG meetings, to act as a liaison between WUIG and their group, to see that all communications pertaining to WUIG are made available and, when requested, read aloud to the group.

#### Section 4 – Voting Rights

- a. Each Intergroup Representative shall be entitled to one vote only.
  - b. Each Alternate Representative shall be entitled to one vote only when the designated IR is not present to vote.
  - c. Each Intergroup Board Member (other than the Chairperson as noted below) shall be entitled to one vote only.
  - d. Each Region Representative who is not otherwise entitled to vote shall be entitled to one vote only.
  - e. Each Committee Chairperson or Co-Chairperson who is not otherwise entitled to vote shall be entitled to one vote only.
  - f. The Chairperson may cast the deciding vote to break a tie.
  - g. The Chairperson may vote in the case of a ballot vote. In this case, he/she may **not** cast a vote to break a tie.
- e. Membership with voice and no vote includes:
1. Any employee.
  2. Any member of the fellowship who is not a duly elected representative or alternate, Board Member, Region Representative, Committee Chairperson or Co-Chairperson.

### **ARTICLE IV – THE INTERGROUP BOARD**

#### Section 1 – The Intergroup Board

- a. The Board shall consist of a Chairperson or Two Co-Chairpersons, Vice Chairperson, Treasurer, World Service Business Conference Delegate(s) or Alternate(s), Corresponding Secretary and Recording Secretary.
- b. The Intergroup Board shall serve as the Executive Committee.
- c. In the event that the Chairperson or Co-Chairpersons should be unable to attend any meeting of the Intergroup or Intergroup Board, the next highest-ranking, non-employee officer in attendance shall serve as Chairperson for that meeting. The ranking of these officers shall be as follows:
  1. Vice Chairperson
  2. Treasurer
  3. Recording Secretary
  4. Corresponding Secretary

## Section 2 – Nominations to the Intergroup Board

Nominations to the Board may be made from the floor one month prior to the meeting at which the election shall be held, and at the election meeting just prior to the time of election.

## Section 3 – Qualifications for the Intergroup Board

- a. Working the 12 Steps of OA for one and a half years.
- b. Familiarity with the Twelve Traditions of OA and the Twelve Concepts of OA Service.
- c. One year of current abstinence for the Chairperson or Co-Chairpersons and Vice Chairperson, at the time of nomination – each person being the sole judge of his or her abstinence.
- d. Six months of current abstinence for the Treasurer, at the time of nomination.
- e. Three months of current abstinence for the Recording Secretary and Corresponding Secretary at the time of nomination.
- f. The World Service Business Conference Delegate/Alternate shall have at least one year of current abstinence and meet the qualifications and requirements as outlined and defined in the Overeaters Anonymous Inc. Bylaws, Subpart B, Article X, Section 3.
- g. Regular attendance of an active group within the WUIG area for a period of six months, and to be or have been an IR for six months at the time of nomination.
- h. If a board member returns to compulsive overeating, he or she shall resign.

## Section 4 – Additional Qualifications for Chairperson or Co-Chairpersons

- a. Be attending OA meetings within the WUIG area for two years.
- b. Be serving or have served as an IR in good standing, or as a Committee Chairperson of WUIG for at least one year.

## Section 5 – Additional Qualifications for WSBC Delegate(s) and/or Alternate(s)

- a. Be attending OA meetings within the WUIG area for one and a half years.
- b. Be serving or have served as an IR in good standing or as a Committee Chairperson in WUIG for at least one year.
- c. Each WSBC Delegate shall have at least two years of service above the group level.

## Section 6 – Method of Election

- a. Elections shall be held annually in October, or as necessary to fill a vacancy, at a meeting specified for that purpose.
- b. To be eligible for election to the Board a nominee must:
  1. Meet all the qualifications as defined in Article IV, Sections 3, 4, and 5.
  2. Understand responsibilities of the position as defined in Article IV, Section 8 and as defined by the Intergroup job descriptions.

- c. In order to be elected to membership in the Intergroup Board, a nominee must be present at the election meeting and must receive a majority vote of the IRs present and voting.
- d. Elections shall be held by closed, written ballot, unless the election is held virtually. In this case, the Chairperson, Co-Chairpersons and/or Vice Chairperson **or their designee** shall count the votes.

#### Section 7 – Term of Office

- a. Board members shall be elected to serve for a period of two years.
- b. On even numbered years, the Treasurer, Recording Secretary and Corresponding Secretary shall be elected. On odd numbered years, the Chairperson, Co-Chairpersons, Vice Chairperson and WSBC Delegate(s) shall be elected.
- c. Newly elected Board members shall begin their term of office at the Intergroup meeting immediately following their election, with the optional exception of Treasurer which may begin in January.
- d. Board members shall serve no more than two consecutive terms in any one office.
- e. After an interval of two years, a member may again be eligible for election to the same office.
- f. Upon election to the Board, members shall cease to be a representative of their group; and that group shall elect a new Intergroup Representative. A Board member's term of office shall extend to such time as their successor's term begins, or as otherwise stated in these bylaws.

#### Section 8 – Responsibilities of the Intergroup Board

##### **a. Chairperson or Co-Chairpersons:**

- 1. Shall preside at all regular and special meetings of this Intergroup and Intergroup Board.
- 2. Shall be responsible for establishing the agenda for all Intergroup meetings.
- 3. May attend all standing committee meetings.
- 4. Is/Are responsible for arranging the meeting place or virtual meeting place for Intergroup meetings.
- 5. Available as a consultant and sounding board to all committees, IRs and ARs.
- 6. Shall notify the membership 2 months prior to the election of the Executive Board.
- 7. Shall be authorized to co-sign checks with the Treasurer.
- 8. Shall attend at least 8 WUIG meetings per year.
- 9. Shall notify groups which have not attended WUIG meetings for a period of time through their registered contact person.
- 10. If directed to do so by the Intergroup, shall have the authority to hire salaried staff.
- 11. Has the authority to speak for WUIG in an emergency.

**b. Vice Chairperson:**

1. Shall serve in the absence of the Chairperson/Co-Chairpersons.
2. Shall perform all other duties as prescribed in the Intergroup Policy for job descriptions.
3. Shall attend at least 8 WUIG meetings per year.

**c. Treasurer:**

1. Shall maintain a checking and savings account, if necessary, for dispersal of Intergroup funds.
2. Shall pay all Intergroup bills by check.
3. Shall submit written financial reports each month at the Intergroup meetings, which will be added to the minutes.
4. Shall be co-signatory with the Chairperson or Co-Chairpersons and/or appointee(s) of the Board.
5. Shall perform all other duties as prescribed in the Intergroup policy for job descriptions.
6. Shall keep a monthly, ongoing, current record of contributions made (or not made).
7. Shall attend at least 8 WUIG meetings per year.
8. Provides year-end financial statements.

**d. Recording Secretary:**

1. Shall see that minutes are kept at all Intergroup and Board meetings and that a copy of the Intergroup minutes is printed and made available to each group. Alternatively, the minutes may be provided to each IR electronically.
2. Mails or emails fliers and announcements of special meetings or events to all groups in the WUIG area.
3. Shall take roll at each meeting and keep a current list of all groups and their respective IRs and ARs.
4. Shall maintain a file of all minutes of past meetings.
5. Shall perform all other duties as prescribed in the WUIG policy for job descriptions.
6. The Recording Secretary's functions may be given to a committee.
7. When amendments to Bylaws are approved, complete pages shall be retyped with date of the amendment on it, and made available with the minutes. This page will then replace the rescinded one.

8. Shall attend at least 8 WUIG meetings per year.

**e. Corresponding Secretary**

1. Shall handle any correspondence received by the Intergroup, as needed.
2. Maintains a supply of WUIG Bylaws, and makes sure that all new IRs who attend WUIG meetings are provided with a copy.
3. Shall maintain and distribute current meeting lists at Intergroup meetings and/or assist with updating online meeting list.
4. The Corresponding Secretary's functions may be given to a committee.
5. Shall attend at least 8 WUIG meetings per year.
6. Provides WUIG members with a current list of IRs, ARs and officers every six months, or as needed.
7. Provides World Service with current information about member groups.

**f. World Service Business Conference Delegate(s) and/or Alternate(s):**

1. Represent WUIG at WS Business Conference.
2. Upon request, attend and report about Conference to all groups registered with WUIG.
3. Provides Chairperson/Co-Chairpersons of WUIG with a list of all meetings at which he/she reported.
4. Presents a written, detailed report about Conference, to WUIG within two months of the WSBC.
5. Gives an oral report to WUIG at the meeting following the WSBC, on what motions were passed and what new ideas were learned at the Conference.
6. May be a Region Six Representative.
7. Attends the two Region 6 Assemblies yearly and works closely with the Region 6 Representatives.
8. Shall attend at least 8 WUIG meetings per year.

The Board shall provide a means of conducting WUIG business in the case of emergencies and/or between meetings of WUIG.

**Section 9 – Vacancies and Resignations**

- a. If a member of the Intergroup Board fails to attend at least 8 WUIG meetings per calendar year, his/her office may be declared vacant by a majority of those members present and voting.

- b. Any Board member may resign at any time for any reason by giving the Chairperson of the Intergroup written or emailed notice.
- c. Any Board member may be removed from office for dereliction of duty or disregard of the 12 Steps and/or 12 Traditions of OA.
- d. Any Board member of this intergroup may be removed from office by two-thirds vote of the IRs at a special meeting announced for that purpose.

#### Section 10 – Filling of Vacancies

- a. Board vacancies shall be filled by a majority vote of those members present and voting at the next meeting after which the vacancy occurred, or later if necessary. Such persons chosen to fill said vacancies shall serve for the remainder of the unexpired term.
- b. A person chosen to fill any vacancy on the Board shall meet the qualifications as defined in Article IV, Sections 3, 4, and 5 and be aware of all responsibilities of that position as described and defined in Article IV, Section 8.
- c. In the event that no qualified candidate appears for a position, the chair may nominate any person and that person may be approved as "acting" in the position by group conscience. If a candidate, meeting qualifications, appears during the term of a person acting in the position who still does not meet the qualifications, then the person acting in the position shall yield the position to the person meeting the qualifications. Between meetings, the chair may appoint a person to act in a position, with Board approval, so long as the acting status is approved by group conscience at the next Intergroup meeting.

#### Section 11 – Executive Committee Quorum

A majority of officers serving at the time at an Executive Committee meeting shall constitute a quorum.

### **ARTICLE V – ADDITIONAL ELECTED OFFICES**

#### Section 1 – Elected Offices

Additional offices elected by WUIG shall include Region Six Representative(s) and Alternate(s).

#### Section 2 – Nominations

Nominations may be made from the floor one month prior to the meeting at which the election shall be held and at the election meeting just prior to the time of election.

#### Section 3 – Qualifications

##### **a. Region 6 Representative(s) and/or Alternate(s):**

1. Working the 12 Steps of OA for one year
2. Familiarity with the Twelve Traditions of OA and the Twelve Concepts of OA Service.
3. Six months of current abstinence at the time of nomination.

4. Regular attendance of an active group within the WUIG area for a period of six months, and to be, or have been, an IR for six months at the time of nomination.

**b. Committee Chairpersons (Appointed by WUIG Chairperson):**

1. Working the 12 Steps of OA for one year
2. Familiarity with the Twelve Traditions of OA and the Twelve Concepts of OA Service.
3. Six months of current abstinence at the time of nomination.
4. Regular attendance of an active group within the WUIG area for a period of six months, and to be or have been an IR for six months at the time of nomination.

Section 4 – Method of Election

- a. Elections shall be held annually in October, or as necessary to fill a vacancy, at a meeting specified for that purpose.
- b. To be eligible for election a nominee must:
  1. Meet all the qualifications as defined in Article V, Section 3.
  2. Understand responsibilities of the position as defined in Article V, Section 6 and as defined by WUIG job descriptions.
- c. In order to be elected, a nominee must be present at the election meeting and must receive a majority vote of those present and voting.
- d. Elections shall be held by closed, written ballot, unless the election is held virtually. In this case, the Chairperson, Co-Chairpersons and/or Vice Chairperson or their designee shall count the votes .
- e. If only one nominee is presented for any office, election may be made by acclamation.

Section 5 – Term of Office

- a. Region Six Representatives and Committee Chairpersons shall be elected or appointed to serve for a period of one year.
- b. Newly elected or appointed persons shall begin their term of office immediately following their election.
- c. Region Six Representatives and Committee Chairpersons shall serve no more than four consecutive terms in any one office.
- d. After an interval of one year, a member may again be eligible for election or appointment to the same office. A Region Six Representative or Committee Chairperson's term of office shall extend to such time as their successor's term begins, or as otherwise stated in these bylaws.

Section 6 – Responsibilities

**a. Region 6 Representative(s) and Alternate(s):**

1. Attends all Region 6 Assemblies and works closely with other Region 6 Representatives.
2. Acts as a liaison between Region 6 and WUIG.
3. Reads and reports at WUIG meetings, all important information forwarded from Region 6.
4. Reports on Region 6 Assemblies at WUIG meetings orally and briefly written, to which should be attached a copy of the Region 6 Assembly agenda and minutes when available.
5. Shall attend at least 8 WUIG meetings per year.

**b. Committee Chairpersons:**

1. Plans and holds meetings of committee members.
2. Reports on committee activities to WUIG.
3. Shall attend at least 8 WUIG meetings per year.

**Section 7 – Vacancies and Resignations**

- a. If a Region Six Representative, Alternate or Committee Chairperson fails to attend at least 8 WUIG meetings per calendar year, his/her office may be declared vacant by a majority of those members present and voting.
- b. Any Region Six Representative, Alternate or Committee Chairperson may resign at any time for any reason by giving the Chairperson of the Intergroup written or emailed notice.
- c. Any Region Six Representative, Alternate or Committee Chairperson may be removed from office for dereliction of duty or disregard of the 12 Steps and/or 12 Traditions of OA.
- d. Any Region Six Representative, Alternate or Committee Chairperson may be removed from office by two-thirds vote of the WUIG IRs at a special meeting announced for that purpose.

**Section 8 – Filling of Vacancies**

- a. Vacancies shall be filled by a majority vote of those members present and voting at the next meeting after which the vacancy occurred, or later if necessary. Such persons chosen to fill said vacancies shall serve for the remainder of the unexpired term.
- b. A person chosen to fill any vacancy shall meet the qualifications as defined in Article V, Section 3 and be aware of all responsibilities of that position as described and defined in Article V, Section 6.

## **ARTICLE VI – MEETINGS**

### Section 1 – Regular Meetings

The Intergroup shall meet monthly on the first Thursday of every month, with the exception of July. The Intergroup Chair and/or Co-Chairpersons may change the date of the meeting (due to holiday conflicts or OA event conflicts), with majority approval of the IG in the preceding month.

### Section 2 – Annual Meeting

An annual meeting shall be held in the month of October.

### Section 3 – Special Meetings

A special meeting may be called at any time by a majority vote of the Intergroup Board by given notice as prescribed in Article VI, Section 4.

### Section 4 – Method of Notification.

- a. Announcements of all regular WUIG meetings shall be published in the WUIG meeting list and in the monthly minutes by the Recording Secretary.
- b. Notification of all special meetings shall consist of notices prepared by the Recording Secretary and distributed to each group secretary and/or IR at least two weeks prior to the date of the meeting. Notification may also be made by placing an announcement in the Intergroup newsletter, if any, or by mail, email, or phone or at the prior Intergroup meeting.

### Section 5 – Quorum

Four voting members present at any meeting of the Intergroup shall constitute a quorum for all proceedings of the Intergroup.

## **ARTICLE VII – COMMITTEES**

### Section 1 – Standing Committees

The following standing committees may be established as required to carry out the purposes of the Intergroup in the most effective manner.

- a. Newsletter
- b. Public Information/Professional Outreach
- c. Speakers' Bank
- d. Sponsor's Bank
- e. Other committees deemed necessary to carry on Intergroup work.

### Section 2 – Special Committees

The Board shall designate such special committees as deemed necessary for the welfare and operation of the Intergroup.

### Section 3 – Committee Procedures

Each standing or special committee shall be responsible for calling and holding meetings, and establishing its method of procedures, subject to the approval of the Intergroup Board and the guidelines of the Twelve Traditions of OA.

### Section 4 – Committee Responsibility

Any committee decision and/or vote which establishes or changes a policy, sets a procedural plan for a special event, or expends funds in excess of the approved budget, shall require prior approval by the Intergroup. Each standing or special committee chairperson shall submit a brief written financial

report to the Intergroup within three months, at the end of any specific event coordinated by that committee.

#### Section 5 – Nominating Committee

The Intergroup may have a nominating committee to recommend persons to serve as officers, Regional Representatives (RRs) and WSO delegates and persons to fill vacancies and to serve on the next nominating committee. The number of members on the committee should be 3-5. The Chairperson of the Intergroup shall not serve on the committee, but may provide background information and input as requested by the committee.

#### Section 6 – Chairperson as Ex-officio

The Intergroup Chairperson is an ex-officio member, without vote, of all committees, except the nominating committee.

#### Section 7 – Committee Bank Account(s)

a. If it is deemed necessary by the Board that a committee open a bank account, the following procedure shall be followed:

1. The committee chairperson and the Treasurer of the Intergroup and appointee(s) of the Board shall be co-signers of the account. Two signatures shall be required on all checks.
2. The committee chairperson shall keep all financial records and shall present a detailed, itemized report of transactions to the Intergroup within three months following any event for which monies were expended or received.
3. The committee chairperson shall arrange for an audit of the committee account during the final month of each year. The audit shall take place at the same time as the audit for the general account of the Intergroup.

#### Section 8 – Vacancies

Should a vacancy, resignation or removal of a committee chairperson occur, all pertinent information shall be turned over to the Intergroup.

#### Section 9 – Removal of Committee Chairperson

A committee chairperson shall be removed from office on recommendation of the committee or the WUIG Board with approval of two-thirds of the membership present and voting. Removal is based on dereliction of duties or disregard for the Twelve Steps and Twelve Traditions of Overeaters Anonymous.

### **ARTICLE VIII – SOURCE OF FUNDS**

#### Section 1 – Source of Funds

- a. Voluntary contributions of the member groups shall be the primary source of funds.
- b. Secondary source of income may be such occasional projects or activities as may be authorized by the Intergroup according to Tradition Six.
- c. The Intergroup may accept contributions from OA members, or OA groups conforming to the general practice of OA.

d. WUIG shall accept contributions according to the guidelines determined by the OA, Inc. Board of Trustees. The Intergroup shall not accept the responsibility for trusteeship over, or enter into the distribution or allocation of funds set up outside of Overeaters Anonymous.

#### Section 2 – Prudent Reserve

There shall be no accumulation of funds beyond current necessities, with retention of only a prudent reserve for contingencies. Funds in excess shall be donated to Region 6 and to the World Service Office annually as budgeted and/or directed by the Westchester United Intergroup.

#### Section 3 – Audit

In accordance with the Internal Revenue Service (IRS) regulations for non-profit corporations, the Intergroup shall be audited when deemed necessary.

### **ARTICLE IX – PARLIAMENTARY AUTHORITY**

The rules contained in the current version of Robert's Rules of Order, Newly Revised shall govern this Intergroup in all cases to which they are applicable and in which they are not inconsistent with these bylaws, the Twelve Traditions or any special rules of order this Intergroup may adopt.

### **ARTICLE X – AMENDMENTS TO THESE BYLAWS**

These bylaws, with the exception of Article II, Sections 2, 3 and 4, may be amended at any time by a two-thirds vote of the IRs and Board members present and voting at any regular or special meeting of the Intergroup, provided a copy of the proposed amendment(s) have been submitted in writing and received by each group affiliated with this intergroup at least four weeks prior to the meeting in which the vote is to be taken on the amendment(s). At the time such notice is given, there shall be a statement of the date upon which the proposed change(s) will be voted upon.

Article II, Sections 2, 3 and 4 may be amended only by direction of the OA World Service Office.

### **ARTICLE XI – MAJOR POLICY MATTERS**

- a. Matters which affect this Intergroup and/or groups within its service area shall be referred to the Board of this Intergroup.
- b. Matters which relate to Overeaters Anonymous as a whole which affect Subpart A of the Bylaws of Overeaters Anonymous, Inc. shall be referred to the Board of Trustees.
- c. Matters which affect Subpart B of the Bylaws of Overeaters Anonymous, Inc. or which relate to the Twelve Steps and Twelve Traditions shall be referred to the Region Six Board and/or the Region Six Trustee.

### **ARTICLE XII – ARTICLE OF DISSOLUTION**

#### Section 1 – Distribution of Funds

Upon the dissolution of this association, after paying or adequately providing for the debts and obligations of the association, the remaining assets shall be distributed to the World Service Office of Overeaters Anonymous and/or Region 6, and in the case of dissolution of the above-named beneficiaries, then to a non-profit fund, association, foundation or corporation which is organized and operated exclusively for charitable, educational or religious and/or scientific purposes and which has established its tax-exempt status under Section 501(c) (3) of the Internal Revenue Code. 02. In order

to deregister, an intergroup must submit a written request to the World Service Office, region chair and region trustee.

## Section 2 – Future Earnings

No part of the net earnings of this association shall ever inure to or be used for the benefit of, or be distributed to its members, trustees, officers, or other private persons, except that the association shall be empowered to pay reasonable compensation for services rendered and to make payment and distribution in furtherance of the express purpose for which it is formed.

## GLOSSARY OF TERMS

<b>Abstinence:</b>	Abstinence is defined as the action of refraining from compulsive eating and compulsive food behaviors <b>while working towards or maintaining a healthy body weight</b> . Spiritual, emotional and physical recovery is the result of living the Overeaters Anonymous Twelve-Step program.
<b>AR:</b>	Alternate Representative
<b>Ex-officio</b>	Bylaws may appoint specific officers to membership in committees because they hold an office. In this case, the Chairperson of WUIG serves as a member of every committee, except the nominating committee but does not have a vote.
<b>IR:</b>	Intergroup Representative
<b>OA:</b>	Overeaters Anonymous
<b>Quorum:</b>	Four voting members present (member groups IR or AR in good standing).
<b>RR:</b>	Regional Representative
<b>Standing Committee:</b>	A committee which is ongoing (permanent).
<b>Special Committee:</b>	A committee which is established to address a specific issue, and which is disbanded when the issue is resolved (ad hoc or temporary).
<b>WS:</b>	World Service
<b>WSBC:</b>	World Service Business Conference
<b>WSO:</b>	World Service Office
<b>WUIG:</b>	Westchester United Intergroup