

Passcode for ALL meetings is **121212**.

As of 08/24/23

HYBRID Meetings: part of the group joins the meeting in person and others joins remotely

Time	Meeting	Contact	Zoom Link, ID or Address	Phone Access	Account
LIVE FACE TO FACE MEETINGS (IN PERSON)					
7:30 PM	Monday - Mount Kisco	Janice -914-419-7919	United Methodist Church 300 Main St, Mt Kisco, NY 10549 Halstead Hall		
6:30 PM - 8:00 PM	Tuesday - Yonkers (Begins: Sept 12, 2023)	Madge (914) 523-8251	Grinton Will Library, 1500 Central Park Ave, Yonkers, NY 10710 (Second Fl Mezzanine)		
10:00 AM	Saturday - White Plains Meeting	Jerry - (914) 777-3577 or (C914) 514-0929	White Plains Presbyterian Church 39 N Broadway Rt #22 & Barker, Downstairs, Choir Room, White Plains		
PHONE ONLY MEETING ONLY					
5:00 PM	Saturday - Yonkers (Bronx) Meeting	Dawn J 917-664-2808	Phone Meeting ONLY		
HYBRID MEETINGS					
8:30 AM	Sunday - 8:30 AM	Lauren N (914) 907-3136	United Methodist Memorial Church 250 Bryant Ave, White Plains, NY 10605 https://zoom.952442954us/j/ Meeting ID: 952 442 954	1(929) 205-6099 Meeting ID: 952442954#	C
1:00 PM	Wednesday - 1pm Yorktown Serenity Mtg	Denise B (914) 263-0611	St. Augustine's Episcopal Church , 2nd Fl Classroom, 6 Old Post Rd N, Croton-on-Hudson, NY https://zoom.us/j/469700084 Meeting ID: 469 700 084	1 (929) 205-6099 Meeting ID: 469700084#	C
7:30 PM	Wednesday - 7:30 pm Katonah	Nancy (508) 494-6610	Katonah Methodist Church 5 Bedford Rd, Katonah, NY 10536	1(929) 205-6099 Meeting ID: 862 4911 7661	Z

C = WUIGCommunications

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Time	Meeting	Contact	Zoom Link, ID or Address	Phone Access	Account
			https://us02web.zoom.us/j/86249117661 Meeting ID: 862 4911 7661		
10:30 AM	Friday - 10:30 am White Plains	Marcia, (914) 582-7554 Kay, (914) 473-3122.	Universalist Unitarian Congregation 468 Rosedale Ave, White Plains, New York 10605 https://zoom.us/j/130294117 Meeting ID: 130 294 117	1 (929) 205-6099 Meeting ID: 130294117#	C
9:00 AM	Saturday - 9:00 am South Salem	Janice, 914-419-7919 Ana, 917-885-2460; A1516G@gmail.com Hosts: Janice	St. John's Episcopal Church (Library on the 2nd Fl) 82 Spring St, South Salem, NY 10590 https://zoom.us/j/561595895 Meeting ID: 561 595 895	1 (929) 205-6099 Meeting ID: 561595895#	C
EVERYDAY					
3 PM	½ Hour Daily Check-in	laurensprogram@gmail.com Hosts: Lauren, Robin, Laurence & Sarah	https://us02web.zoom.us/j/918458673	1(929) 205-6099 Meeting ID: 918458673#	C
SUNDAY					
8:30 AM	White Plains Meeting (Big Book)	laurensprogram@gmail.com Hosts: Lauren & Michelle JB	https://zoom.us/j/952442954 Meeting ID: 952 442 954	1(929) 205-6099 Meeting ID: 952442954#	C
11:30 AM	Tarrytown	Sheila F., 914-548-5561 Hosts: Sheila F. Rep: Anne B	https://zoom.us/j/754581261 Meeting ID: 754-581-261	1(929) 205-6099 Meeting ID: 754581261#	C
3:00 PM	½ Hour Daily Check-in	laurensprogram@gmail.com Hosts: Lauren, Robin, Laurence, Millie, LJ	https://us02web.zoom.us/j/918458673	1(929) 205-6099 Meeting ID: 918458673#	C
5:00 PM	Danbury CT: OA Stories	See Information under Tourism below			

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MONDAY					
7:00 AM	Early Bird Gets the Worm Meditation Meeting ½ hour	Deborah S: mopandbean@gmail.com	https://us02web.zoom.us/j/89182120075 Meeting ID: 891 8212 0075	1(929) 205-6099 Meeting ID: 891 8212 0075#	C
10:30 AM	White Plains	Marcia, (914) 582-7554	https://zoom.us/j/385759151 Meeting ID: 385-759-151	1(646) 876-9923 Meeting ID: 385759151#	C
3:00 PM	½ Hour Daily Check-in	laurensprogram@gmail.com Hosts: Lauren, Robin, Laurence & Sarah	https://us02web.zoom.us/j/918458673	1(929) 205-6099 Meeting ID: 918458673#	C
7:30 PM	Pelham	Michelle, +1 (917) 250-8943 Hosts: Michelle	https://us04web.zoom.us/j/727289674 Meeting ID: 727-289-674	+1 (646) 558-8656 Meeting ID: 727289674#	Z
TUESDAY					
7:00 AM	Early Bird Gets the Worm Meditation Meeting ½ hour	Deborah S: mopandbean@gmail.com	https://us02web.zoom.us/j/89182120075 Meeting ID: 891 8212 0075	1(929) 205-6099 Meeting ID: 891 8212 0075#	C
9:30 AM	Pleasantville - Women-Focused Body Image Meeting	MaryAnne (914) 500-5635 Hosts: Mary Anne	https://zoom.us/j/838371215 Meeting ID: 838-371-215	1 (646) 876-9923 Meeting ID: 838371215#	C
3:00 PM	½ Hour Daily Check-in	laurensprogram@gmail.com Hosts: Lauren, Robin, Laurence & Sarah	https://us02web.zoom.us/j/918458673	1 (929) 205-6099 Meeting ID: 918458673#	C
7:00 PM	Pleasantville - Women-Focused Body Image Meeting	Meryl, (917) 912-2376 Host: Jessica	https://zoom.us/j/233569433 Meeting ID: 233-569-433	1 (646) 876-9923 Meeting ID: 233569433#	C
WEDNESDAY					

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7:00 AM	Early Bird Gets the Worm Meditation Meeting ½ hour	Deborah S: mopandbean@gmail.com	https://us02web.zoom.us/j/89182120075 Meeting ID: 891 8212 0075	1(929) 205-6099 Meeting ID: 891 8212 0075#	C
9:30 AM	Dobbs Ferry		https://zoom.us/j/837258376 Meeting ID: 837 258 376	1 (929) 205-6099 Meeting ID: 837258376#	C
1:00 PM	Yorktown - Hybrid (As of 8/23/23)	Denise B (914) 263-0611 St. Augustine's Episcopal Church, 2nd Fl Classroom, 6 Old Post Rd N, Croton-on-Hudson, NY	https://zoom.us/j/469700084 Meeting ID: 469 700 084	1 (929) 205-6099 Meeting ID: 469700084#	C
3:00 PM	½ Hour Daily Check-in	laurensprogram@gmail.com Hosts: Lauren, Robin, Laurence & Sarah	https://us02web.zoom.us/j/918458673	1 (929) 205-6099 Meeting ID: 918458673#	C
7:00 PM	Danbury Big Book Mtg	See Information under Tourism below			
7:30 PM	Katonah Methodist Church - HYBRID - See above under hybrid meetings	Nancy (508) 494-6610	https://us02web.zoom.us/j/86249117661 Meeting ID: 862 4911 7661	1(929) 205-6099 Meeting ID: 862 4911 7661	Z

THURSDAY

7:00 AM	Early Bird Gets the Worm Meditation Meeting ½ hour	Deborah S: mopandbean@gmail.com	https://us02web.zoom.us/j/89182120075 Meeting ID: 891 8212 0075	1(929) 205-6099 Meeting ID: 891 8212 0075#	C
3:00 PM	½ Hour Daily Check-in	laurensprogram@gmail.com Hosts: Lauren, Robin, Laurence & Sarah	https://us02web.zoom.us/j/918458673	1 (929) 205-6099 Meeting ID: 918458673#	C
7:00 PM	Yorktown Literature Share	format link below https://docs.google.com/document/d/1LA-Mp6G93Bj1WPLAoLXGMNu51seZRzv4cOYwz40Ztuc/edit	https://zoom.us/j/573485371 Meeting ID: 573 485 371	1 (929) 205-6099 Meeting ID: 573485371#	C

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5:30 PM	Sponsors Helping Sponsors 2nd & 4th Thursdays Virtual Only	Roberta, 914-329-1126	https://us02web.zoom.us/j/89698254909 Meeting ID: 896 9825 4909	1 (646) 518 9805 Meeting ID: 89698254909#	C
FRIDAY					
7:00 AM	Early Bird Gets the Worm Meditation Meeting ½ hour	Deborah S: mopandbean@gmail.com	https://us02web.zoom.us/j/89182120075 Meeting ID: 891 8212 0075	1 (929) 205-6099 Meeting ID: 891 8212 0075#	C
9:00 AM	Dobbs Ferry		https://zoom.us/j/251993327 Meeting ID: 251 993 327	1 (929) 205-6099 Meeting ID: 251993327#	C
10:30 AM	White Plains HYBRID MEETING - See above under hybrid meetings	Marcia, (914) 582-7554 Host:	https://zoom.us/j/130294117 Meeting ID: 130 294 117	1 (929) 205-6099 Meeting ID: 130294117#	C
3:00 PM	½ Hour Daily Check-in	laurensprogram@gmail.com Hosts: Lauren, Robin, Laurence & Sarah	https://us02web.zoom.us/j/918458673	1 (929) 205-6099 Meeting ID: 918458673#	C
SATURDAY					
8:30 AM	Garrison	Host	https://us04web.zoom.us/j/644383298 Meeting ID: 644 383 298	1 (646) 558-8656 Meeting ID: 644383298#	Z
9:00 AM	South Salem -- HYBRID MEETING - See above under hybrid meetings	See above under hybrid meetings	https://zoom.us/j/561595895 Meeting ID: 561 595 895		
10:30 AM	Danbury Step Mtg	See Information under Tourism below			Z

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3:00 PM	½ Hour Daily Check-in	laurensprogram@gmail.com Hosts: Lauren, Robin, Laurence & Sarah	https://us02web.zoom.us/j/918458673	1 (929) 205-6099 Meeting ID: 918458673#	C
5:00 PM	Yonkers/Bronx	Dawn, 1(917) 664-2808 Please call ahead to obtain the password	Only On the Phone!		
Intergroup ~ 1st Thursday of Each Month					
7:00	Intergroup	Deborah, wuigchair@gmail.com Hosts: Robin & Michelle JB	https://us04web.zoom.us/j/668275613 Meeting ID: 668 275 613 Passcode:121212	1 (646) 558-8656 Meeting ID: 668275613#	Z
OA TOURISM ~ Meetings & Workshops Outside of WUIG					
Danbury Sunday @5:00PM Overeaters Anonymous Stories		Chris, (845) 629-4485 Hosts: Judith, Susan, Elise	https://zoom.us/j/123757607 Meeting ID: 123 757 607	1(646) 876-9923 Meeting ID: 123757607#	O
Danbury Weds @7:00PM Big Book Mtg		Chris, (845) 629-4485 Hosts: Judith, Susan, Elise	https://zoom.us/j/674434221 Meeting ID: 674 434 221	1 (646) 876-9923 Meeting ID: 674434221#	O
Danbury Saturday @ 10:30AM Step Study Mtg			https://us04web.zoom.us/j/849483181 Meeting ID: 849 483 181	1 (646) 558-8656 Meeting ID: 849483181#	Z
Los Angeles		OA LA IG Zoom Meetings			
New York City		OA NY in in C IG Zoom Meetings XR			

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	Rockland County	OA Rockland County IG Meeting List Contact email, rcoaig@gmail.com , contact phone #: 845-639-2620			
	United Kingdom	UK OA Virtual Meetings			
	Chicago West Far-Out IG	CHIWI FOA V zero4 Stirtual Meetings			
SPECIALTY MEETINGS					
	Men's Meetings	http://www.oamen.org/meetings/			
	OAFootsteps (Men's, LGBTQ+, Body Image, Young Persons and Weight-loss surgery)	https://oafootsteps.com Link to join footsteps WhatsApp Group: https://www.oafootsteps.com/meetings/non-real-time/			
	Daily BB Meeting in Australia	https://zoom.us/j/200540624 (Friday and Saturday at 5:30 PM; weekdays at 4:30 PM)			
	CHI-WIF DAILY meeting	Better Together Speaker Mtg from 9 - 10 PM ET https://zoom.us/j/976429200 Meeting ID: 976 429 200 Password: better Dial-in Number: 1 312 626 6799 Contact: Kimmy 773-678-8122			
WORKSHOPS					
	Virtual Region	Second Sunday Workshops.pdf			
	Newcomers Orientation	https://us02web.zoom.us/j/82223749762 Meeting ID: 822 2374 9762 Passcode: 121212 – Zoom Acct			